

# QTc Monitoring Report

10/01/2026, 9:24 AM · Prepared by SSRI QT Tracker (not a medical device)

|                |                                                               |               |                   |
|----------------|---------------------------------------------------------------|---------------|-------------------|
| <b>Patient</b> | —                                                             | <b>Sex</b>    | Male              |
| <b>Period</b>  | All                                                           | <b>Method</b> | Fridericia (QTcF) |
| <b>Source</b>  | Single-lead (Lead I) smartwatch ECG, automated QT measurement |               |                   |

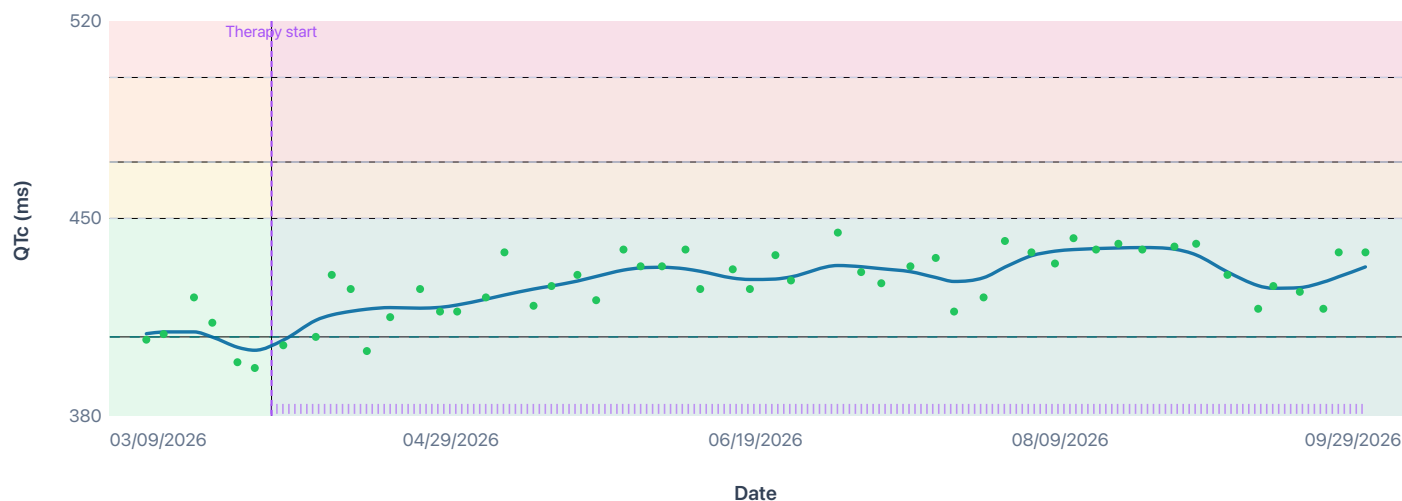
## Intervals (latest reading)

Vent. rate **59 bpm** · PR **171 ms** · QRS **80 ms** · QT/QTcF **441/438 ms** · QTcB **437 ms** (09/29/2026, 10:26 PM)

## Findings

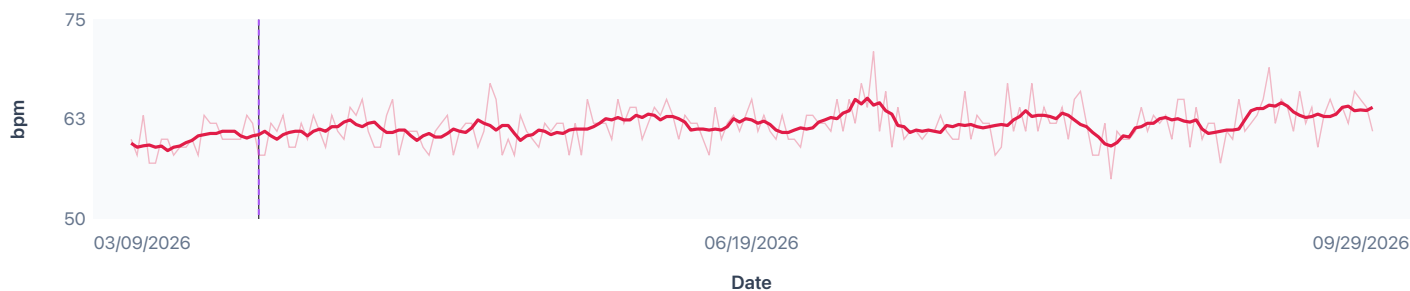
- 54 recordings in period, 53 usable for QTc.
- Median QTcF **427 ms** (range 397–445 ms); latest QTcF **438 ms**.
- Pre-treatment baseline QTcF **408 ms** ( $\Delta$  +30 ms).
- Readings  $\geq 450$  ms: **0** ·  $\geq 470$  ms: **0** ·  $\geq 500$  ms: **0** (male thresholds).
- SSRI therapy since 03/30/2026 (185 days).
- Mean QTcF before / during / after therapy: before **408 ms** (n=6) · during **429 ms** (n=47)
- Thresholds (male): 450/470/500 ms.

## QTc trend

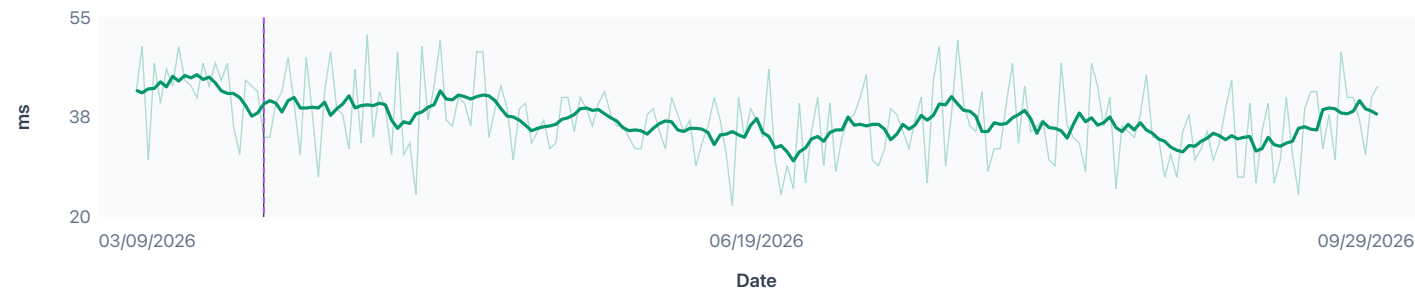


## Resting HR trend / HRV trend (SDNN)

Resting HR trend (bpm)

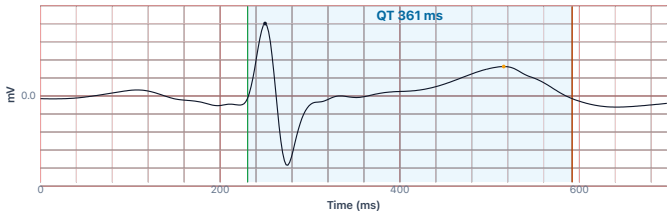


HRV trend (SDNN) (ms)

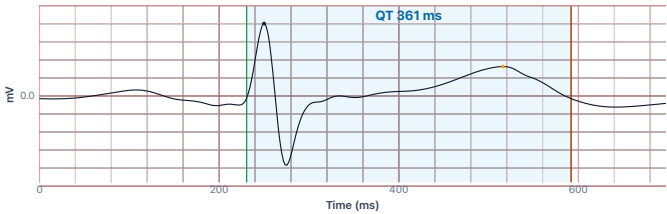


ECG traces with QT measurement points

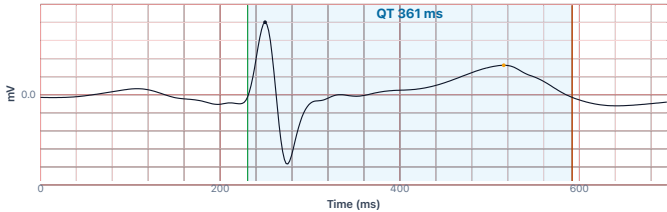
09/29/2026, 10:26 PM · QTcF 438 ms · 59 bpm



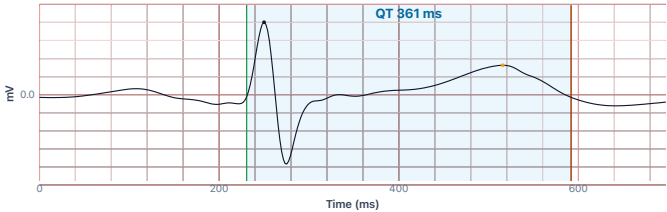
09/25/2026, 11:09 AM · QTcF 438 ms · 61 bpm



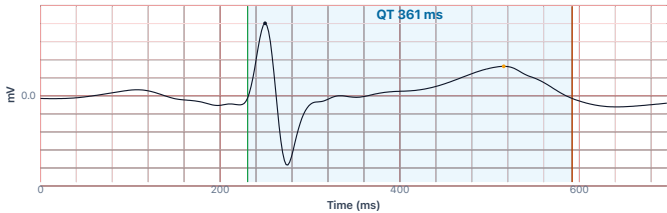
09/22/2026, 9:33 PM · QTcF 418 ms · 62 bpm



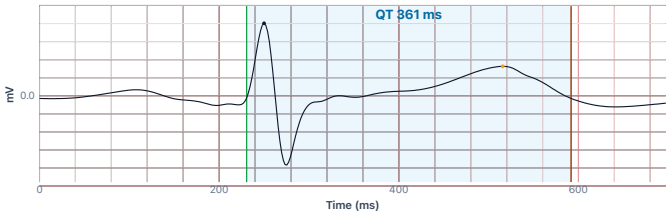
09/18/2026, 10:58 PM · QTcF 424 ms · 55 bpm



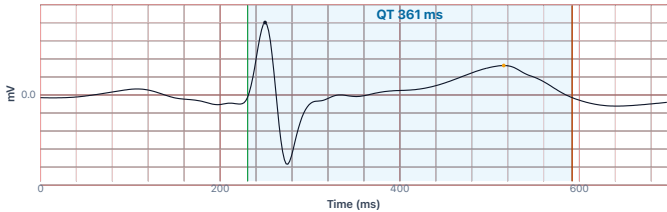
09/14/2026, 11:51 AM · QTcF 426 ms · 49 bpm



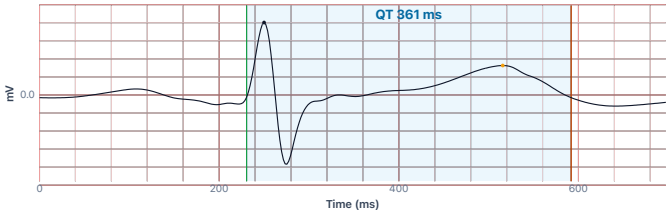
09/11/2026, 11:06 PM · QTcF 418 ms · 57 bpm



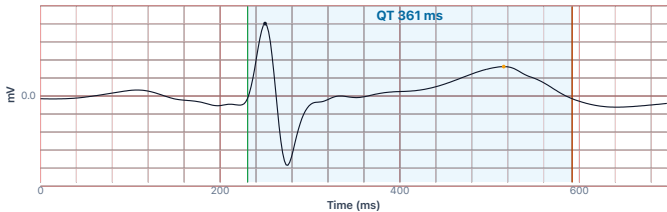
09/06/2026, 7:36 PM · QTcF 430 ms · 63 bpm



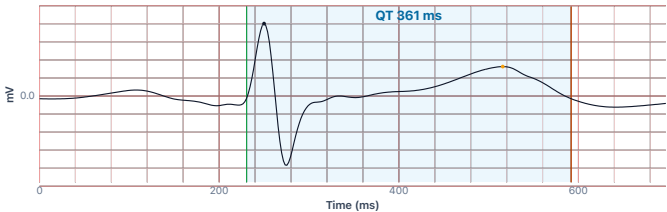
09/01/2026, 1:14 PM · QTcF 441 ms · 74 bpm



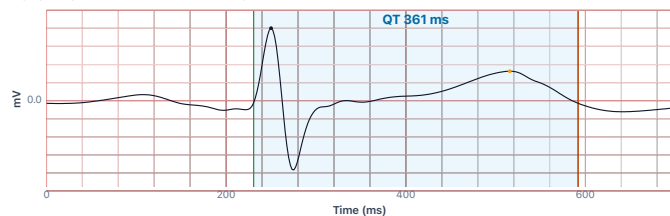
08/28/2026, 9:47 PM · QTcF 440 ms · 64 bpm



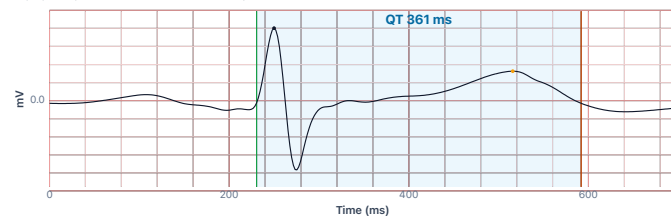
08/23/2026, 12:27 PM · QTcF 439 ms · 53 bpm



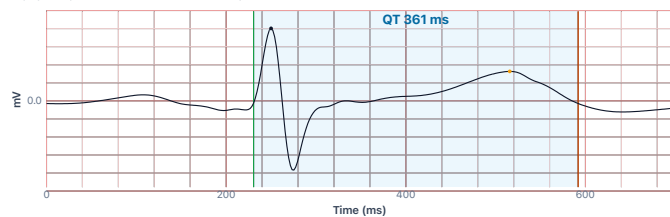
08/19/2026, 12:26 PM · QTcF 441 ms · 58 bpm



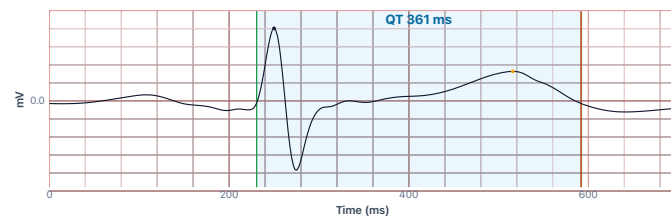
08/15/2026, 6:20 PM · QTcF 439 ms · 49 bpm



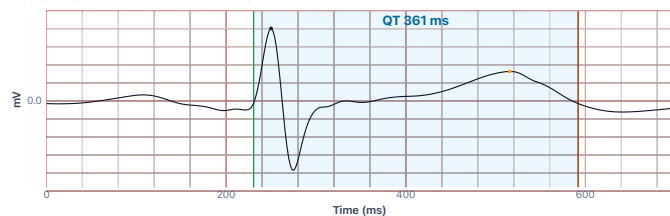
08/11/2026, 11:51 PM · QTcF 443 ms · 62 bpm



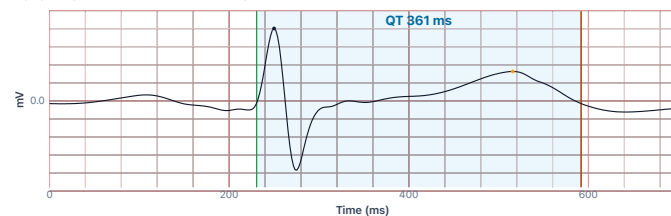
08/08/2026, 9:20 PM · QTcF 434 ms · 70 bpm



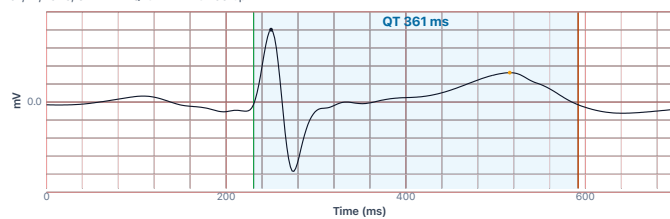
08/04/2026, 10:34 PM · QTcF 438 ms · 58 bpm



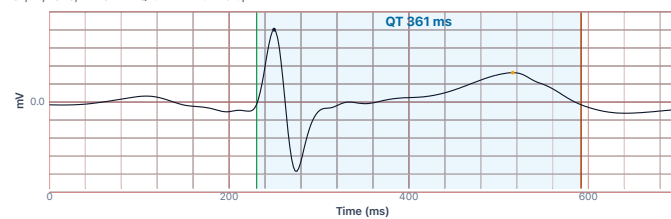
07/31/2026, 12:01 PM · QTcF 442 ms · 55 bpm



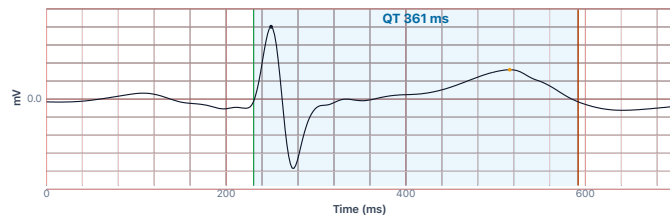
07/27/2026, 9:44 PM · QTcF 422 ms · 69 bpm



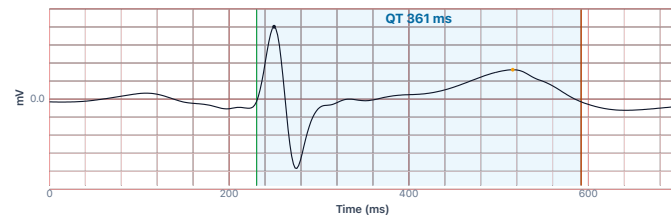
07/22/2026, 11:26 PM · QTcF 417 ms · 73 bpm



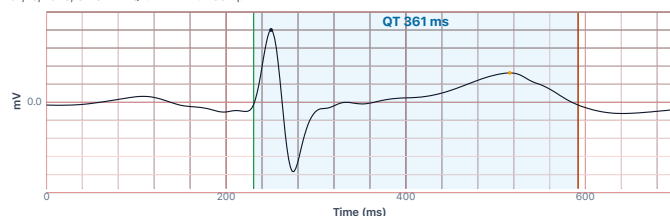
07/19/2026, 9:35 PM · QTcF 436 ms · 63 bpm



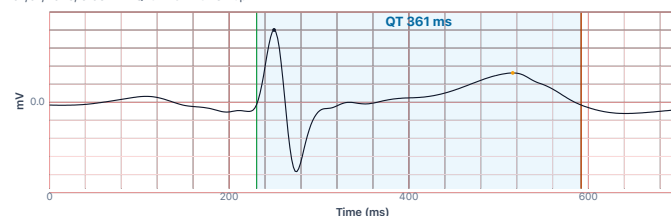
07/15/2026, 3:08 PM · QTcF 433 ms · 68 bpm



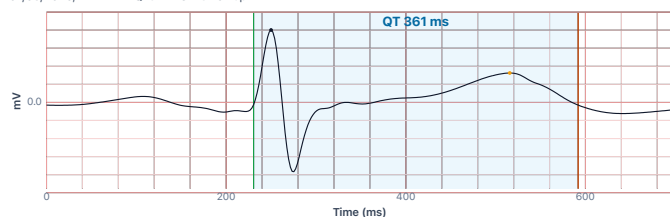
07/10/2026, 5:45 PM · QTcF 427 ms · 59 bpm



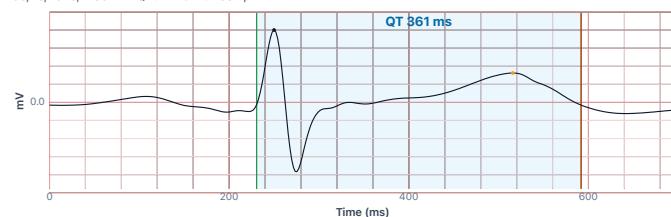
07/07/2026, 9:05 AM · QTcF 431 ms · 57 bpm



07/03/2026, 11:17 AM · QTcF 445 ms · 61 bpm



06/25/2026, 2:56 PM · QTcF 428 ms · 55 bpm



... and 29 more traces (limited to the most recent)

## Individual measurements

| DATE                 | HR | QT  | QTCF | QTCB | RISK   |
|----------------------|----|-----|------|------|--------|
| 03/09/2026, 11:08 AM | 61 | 405 | 407  | 408  | Normal |
| 03/12/2026, 8:35 AM  | 66 | 396 | 409  | 415  | Normal |
| 03/17/2026, 10:44 AM | 60 | 422 | 422  | 422  | Normal |
| 03/20/2026, 12:51 PM | 58 | 417 | 413  | 410  | Normal |
| 03/24/2026, 5:12 PM  | 66 | 387 | 399  | 406  | Normal |
| 03/27/2026, 3:40 PM  | 69 | 379 | 397  | 406  | Normal |
| 04/01/2026, 11:34 AM | 70 | 385 | 405  | 416  | Normal |
| 04/06/2026, 9:49 PM  | 60 | 408 | 408  | 408  | Normal |
| 04/09/2026, 2:13 PM  | 65 | 419 | 430  | 436  | Normal |
| 04/12/2026, 6:27 PM  | 62 | 420 | 425  | 427  | Normal |
| 04/15/2026, 11:50 AM | 62 | 399 | 403  | 405  | Normal |
| 04/19/2026, 9:43 AM  | 46 | 454 | 415  | 397  | Normal |
| 04/24/2026, 9:46 AM  | 59 | 428 | 425  | 424  | Normal |
| 04/27/2026, 6:12 PM  | 65 | 406 | 417  | 423  | Normal |
| 04/30/2026, 2:56 PM  | 56 | 427 | 417  | 413  | Normal |
| 05/05/2026, 10:48 AM | 64 | 413 | 422  | 427  | Normal |
| 05/08/2026, 12:59 PM | 61 | 436 | 438  | 439  | Normal |
| 05/13/2026, 10:15 AM | 58 | 424 | 419  | 417  | Normal |
| 05/16/2026, 10:57 AM | 71 | 403 | 426  | 438  | Normal |
| 05/20/2026, 6:36 PM  | 63 | 423 | 430  | 433  | Normal |
| 05/23/2026, 10:46 PM | 59 | 424 | 421  | 420  | Normal |
| 05/28/2026, 12:34 PM | 56 | 449 | 439  | 434  | Normal |
| 05/31/2026, 9:41 AM  | 51 | 457 | 433  | 421  | Normal |
| 06/03/2026, 11:03 PM | 56 | 443 | 433  | 428  | Normal |
| 06/07/2026, 9:35 PM  | 60 | 439 | 439  | 439  | Normal |
| 06/10/2026, 9:03 AM  | 55 | 437 | 425  | 419  | Normal |
| 06/15/2026, 7:55 PM  | 65 | 420 | 432  | 437  | Normal |
| 06/18/2026, 5:20 PM  | 57 | 432 | 425  | 421  | Normal |
| 06/22/2026, 11:48 PM | 68 | 419 | 437  | 447  | Normal |
| 06/25/2026, 2:56 PM  | 55 | 441 | 428  | 422  | Normal |
| 06/30/2026, 7:33 PM  | 60 | 421 | 421  | 421  | n/a    |

|                      |    |     |     |     |        |
|----------------------|----|-----|-----|-----|--------|
| 07/03/2026, 11:17 AM | 61 | 443 | 445 | 446 | Normal |
| 07/07/2026, 9:05 AM  | 57 | 438 | 431 | 427 | Normal |
| 07/10/2026, 5:45 PM  | 59 | 429 | 427 | 426 | Normal |
| 07/15/2026, 3:08 PM  | 68 | 415 | 433 | 442 | Normal |
| 07/19/2026, 9:35 PM  | 63 | 429 | 436 | 440 | Normal |
| 07/22/2026, 11:26 PM | 73 | 391 | 417 | 431 | Normal |
| 07/27/2026, 9:44 PM  | 69 | 403 | 422 | 432 | Normal |
| 07/31/2026, 12:01 PM | 55 | 455 | 442 | 436 | Normal |
| 08/04/2026, 10:34 PM | 58 | 443 | 438 | 436 | Normal |
| 08/08/2026, 9:20 PM  | 70 | 412 | 434 | 445 | Normal |
| 08/11/2026, 11:51 PM | 62 | 438 | 443 | 445 | Normal |
| 08/15/2026, 6:20 PM  | 49 | 470 | 439 | 424 | Normal |
| 08/19/2026, 12:26 PM | 58 | 446 | 441 | 439 | Normal |
| 08/23/2026, 12:27 PM | 53 | 458 | 439 | 430 | Normal |
| 08/28/2026, 9:47 PM  | 64 | 430 | 440 | 444 | Normal |

Individual measurements (2)

| DATE                 | HR | QT  | QTCF | QTCB | RISK   |
|----------------------|----|-----|------|------|--------|
| 09/01/2026, 1:14 PM  | 74 | 412 | 441  | 457  | Normal |
| 09/06/2026, 7:36 PM  | 63 | 423 | 430  | 433  | Normal |
| 09/11/2026, 11:06 PM | 57 | 425 | 418  | 414  | Normal |
| 09/14/2026, 11:51 AM | 49 | 456 | 426  | 412  | Normal |
| 09/18/2026, 10:58 PM | 55 | 437 | 424  | 418  | Normal |
| 09/22/2026, 9:33 PM  | 62 | 414 | 418  | 420  | Normal |
| 09/25/2026, 11:09 AM | 61 | 435 | 438  | 439  | Normal |
| 09/29/2026, 10:26 PM | 59 | 441 | 438  | 437  | Normal |

Medications

- **Citalopram 20 mg** – from 03/30/2026 · 184 doses logged (last 09/29/2026, 1×)

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_

Not a medical device. The automatic QT measurement can differ from a clinical reading and does not replace a diagnosis. Values are for personal trend tracking. With QTc ≥ 500 ms or symptoms, seek medical advice. Correction formulas: Bazett, Fridericia, Framingham, Hodges.