

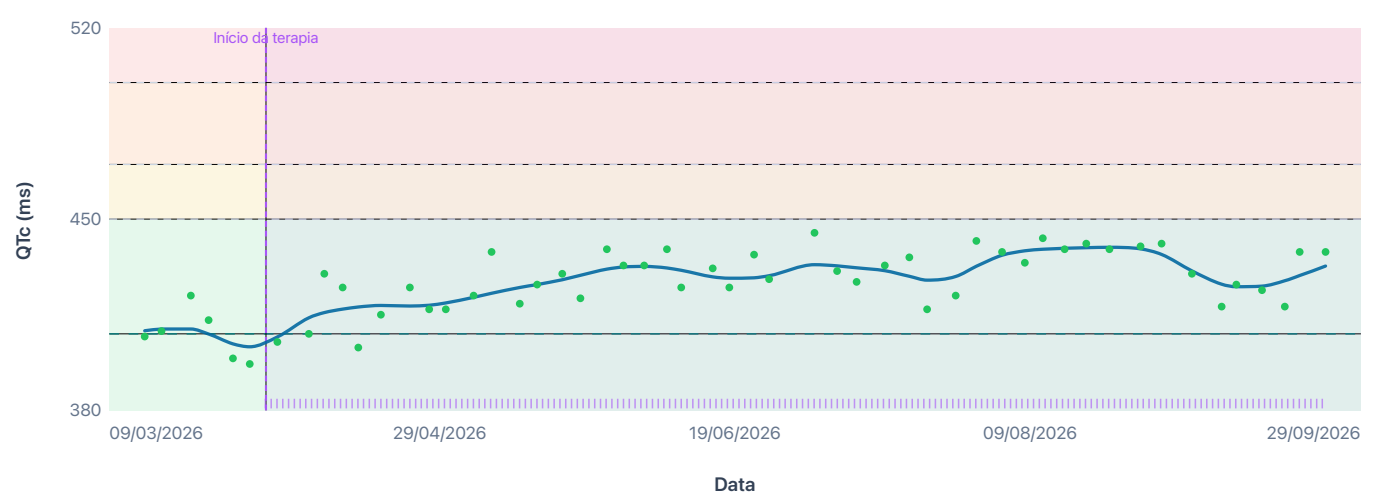
# Relatório de QTc

criado em 01/10/2026, 09:44 · QT Tracker (não é um dispositivo médico)

## Perfil e resumo

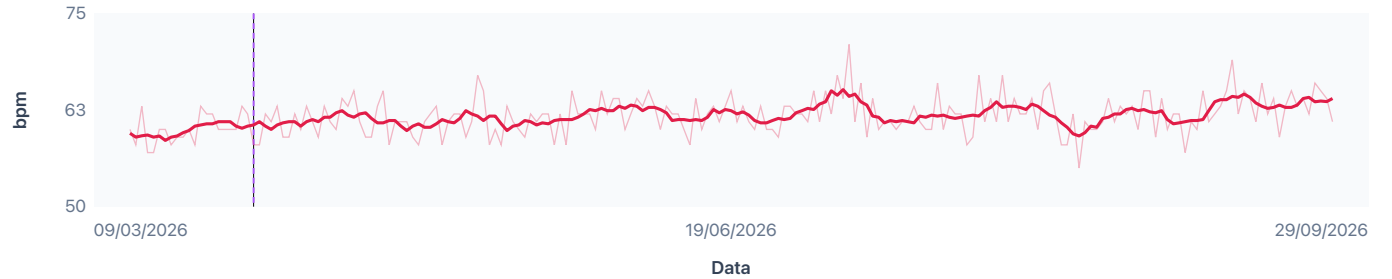
|                                                                                                          |                                              |
|----------------------------------------------------------------------------------------------------------|----------------------------------------------|
| Sexo: <b>Masculino</b>                                                                                   | Método de correção: <b>Fridericia (QTcF)</b> |
| Período: <b>Tudo</b>                                                                                     | Medições: <b>54</b> (53 utilizáveis)         |
| Mediana QTcF: <b>427 ms</b> (397–445 ms)                                                                 | 100 % dentro da faixa normal                 |
| Baseline: <b>408 ms</b>                                                                                  | QTcF atual: <b>438 ms</b>                    |
| Início da terapia: <b>30/03/2026</b> (185 dias)                                                          | Limiares (Masculino): 450/470/500 ms         |
| Média QTcF antes / durante / depois da terapia: antes <b>408 ms</b> (n=6) · durante <b>429 ms</b> (n=47) |                                              |

## Tendência do QTc

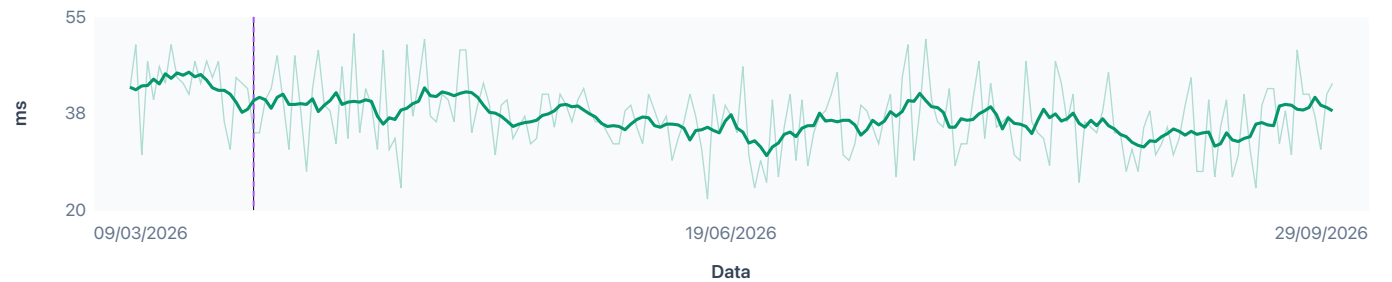


## Tendência da FC de repouso / Tendência da HRV (SDNN)

Tendência da FC de repouso (bpm)

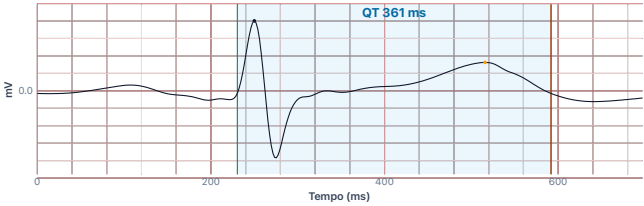


Tendência da HRV (SDNN) (ms)

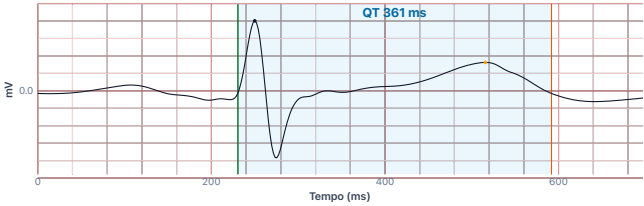


# Traçados de ECG com pontos de medição do QT

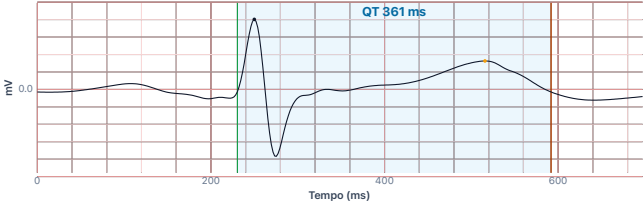
29/09/2026, 22:26 · QTcF 438 ms · 59 bpm



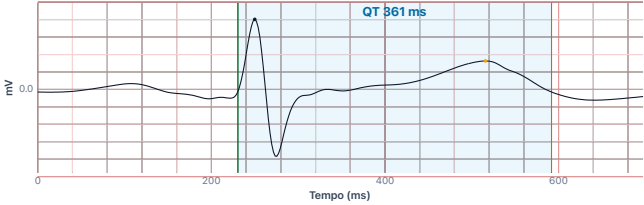
25/09/2026, 11:09 · QTcF 438 ms · 61 bpm



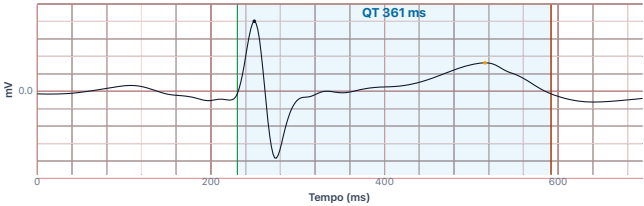
22/09/2026, 21:33 · QTcF 418 ms · 62 bpm



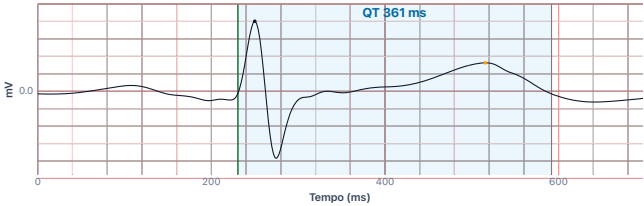
18/09/2026, 22:58 · QTcF 424 ms · 55 bpm



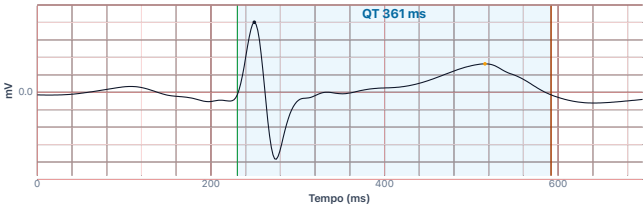
14/09/2026, 11:51 · QTcF 426 ms · 49 bpm



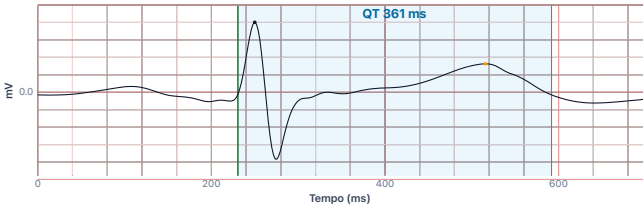
11/09/2026, 23:06 · QTcF 418 ms · 57 bpm



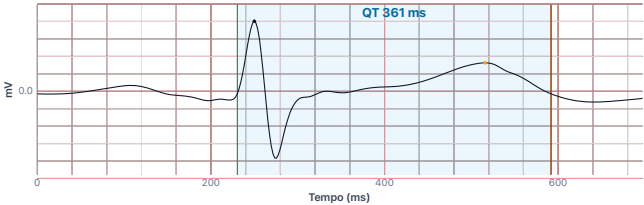
06/09/2026, 19:36 · QTcF 430 ms · 63 bpm



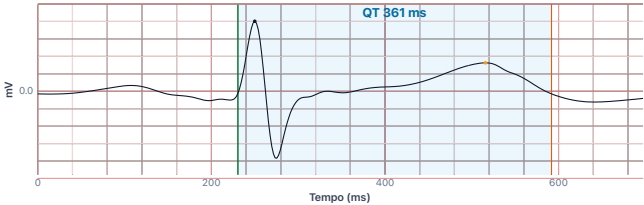
01/09/2026, 13:14 · QTcF 441 ms · 74 bpm



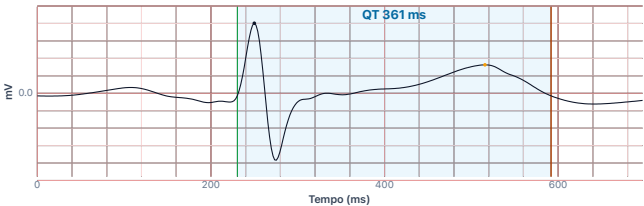
28/08/2026, 21:47 · QTcF 440 ms · 64 bpm



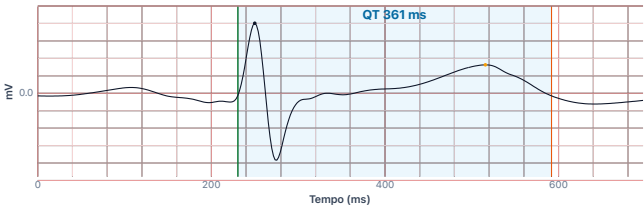
23/08/2026, 12:27 · QTcF 439 ms · 53 bpm



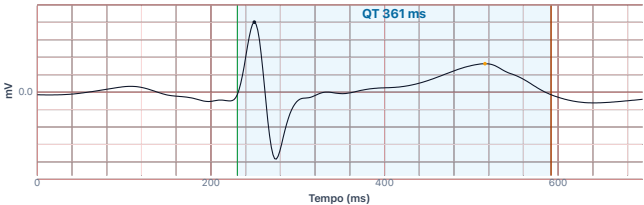
19/08/2026, 12:26 · QTcF 441 ms · 58 bpm



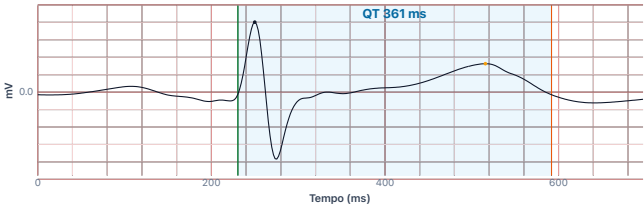
15/08/2026, 18:20 · QTcF 439 ms · 49 bpm



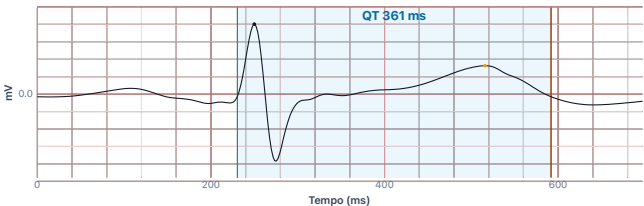
11/08/2026, 23:51 · QTcF 443 ms · 62 bpm



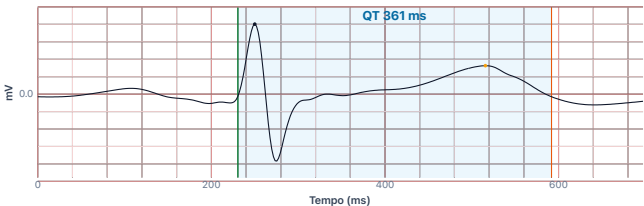
08/08/2026, 21:20 · QTcF 434 ms · 70 bpm



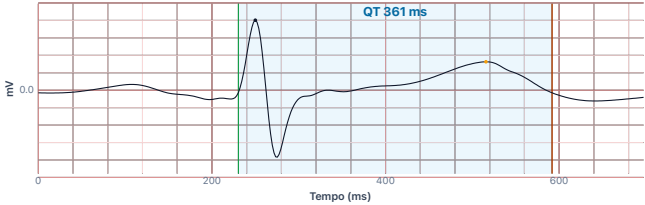
04/08/2026, 22:34 · QTcF 438 ms · 58 bpm



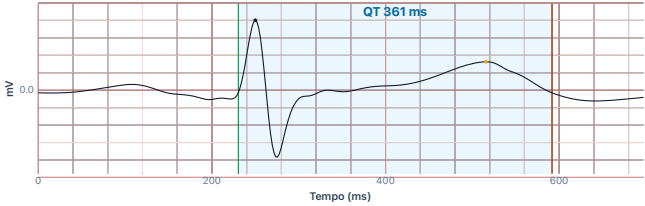
31/07/2026, 12:01 · QTcF 442 ms · 55 bpm



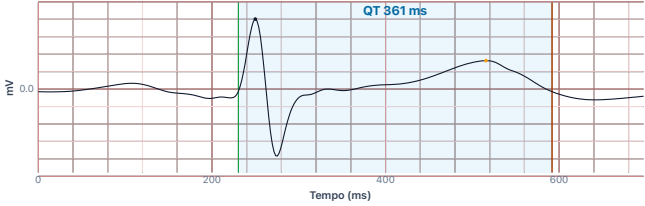
27/07/2026, 21:44 - QTcF 422 ms - 69 bpm



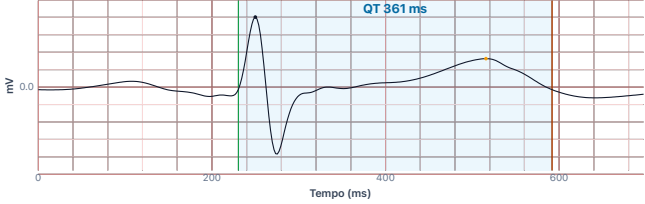
19/07/2026, 21:35 - QTcF 436 ms - 63 bpm



10/07/2026, 17:45 - QTcF 427 ms - 59 bpm

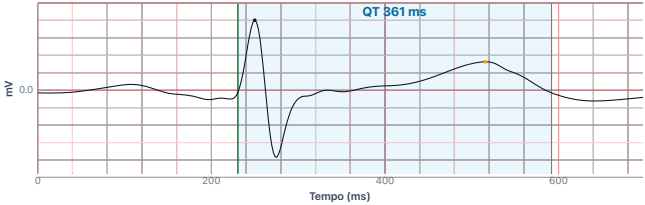


03/07/2026, 11:17 - QTcF 445 ms - 61 bpm

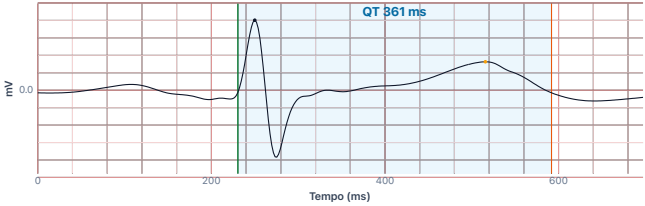


... e mais 29 traçados (limitado aos mais recentes)

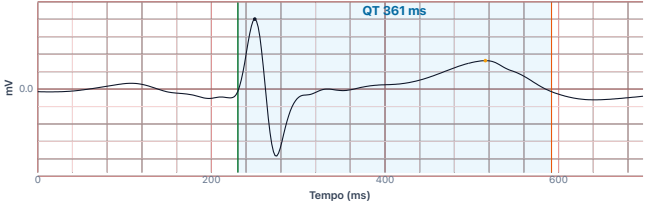
22/07/2026, 23:26 - QTcF 417 ms - 73 bpm



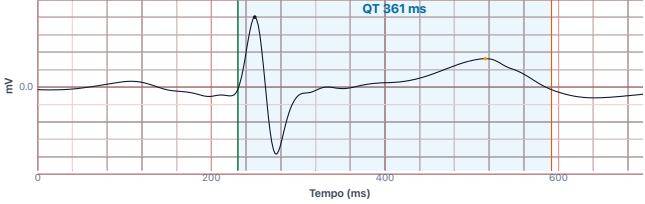
15/07/2026, 15:08 - QTcF 433 ms - 68 bpm



07/07/2026, 09:05 - QTcF 431 ms - 57 bpm



25/06/2026, 14:56 - QTcF 428 ms - 55 bpm



Medições individuais

| DATA              | FC | QT  | QTCF | QTCB | RISCO  |
|-------------------|----|-----|------|------|--------|
| 09/03/2026, 11:08 | 61 | 405 | 407  | 408  | Normal |
| 12/03/2026, 08:35 | 66 | 396 | 409  | 415  | Normal |
| 17/03/2026, 10:44 | 60 | 422 | 422  | 422  | Normal |
| 20/03/2026, 12:51 | 58 | 417 | 413  | 410  | Normal |
| 24/03/2026, 17:12 | 66 | 387 | 399  | 406  | Normal |
| 27/03/2026, 15:40 | 69 | 379 | 397  | 406  | Normal |
| 01/04/2026, 11:34 | 70 | 385 | 405  | 416  | Normal |
| 06/04/2026, 21:49 | 60 | 408 | 408  | 408  | Normal |
| 09/04/2026, 14:13 | 65 | 419 | 430  | 436  | Normal |
| 12/04/2026, 18:27 | 62 | 420 | 425  | 427  | Normal |
| 15/04/2026, 11:50 | 62 | 399 | 403  | 405  | Normal |
| 19/04/2026, 09:43 | 46 | 454 | 415  | 397  | Normal |
| 24/04/2026, 09:46 | 59 | 428 | 425  | 424  | Normal |
| 27/04/2026, 18:12 | 65 | 406 | 417  | 423  | Normal |
| 30/04/2026, 14:56 | 56 | 427 | 417  | 413  | Normal |
| 05/05/2026, 10:48 | 64 | 413 | 422  | 427  | Normal |
| 08/05/2026, 12:59 | 61 | 436 | 438  | 439  | Normal |
| 13/05/2026, 10:15 | 58 | 424 | 419  | 417  | Normal |
| 16/05/2026, 10:57 | 71 | 403 | 426  | 438  | Normal |
| 20/05/2026, 18:36 | 63 | 423 | 430  | 433  | Normal |
| 23/05/2026, 22:46 | 59 | 424 | 421  | 420  | Normal |
| 28/05/2026, 12:34 | 56 | 449 | 439  | 434  | Normal |
| 31/05/2026, 09:41 | 51 | 457 | 433  | 421  | Normal |
| 03/06/2026, 23:03 | 56 | 443 | 433  | 428  | Normal |
| 07/06/2026, 21:35 | 60 | 439 | 439  | 439  | Normal |
| 10/06/2026, 09:03 | 55 | 437 | 425  | 419  | Normal |
| 15/06/2026, 19:55 | 65 | 420 | 432  | 437  | Normal |
| 18/06/2026, 17:20 | 57 | 432 | 425  | 421  | Normal |
| 22/06/2026, 23:48 | 68 | 419 | 437  | 447  | Normal |
| 25/06/2026, 14:56 | 55 | 441 | 428  | 422  | Normal |
| 30/06/2026, 19:33 | 60 | 421 | 421  | 421  | n/d    |
| 03/07/2026, 11:17 | 61 | 443 | 445  | 446  | Normal |
| 07/07/2026, 09:05 | 57 | 438 | 431  | 427  | Normal |
| 10/07/2026, 17:45 | 59 | 429 | 427  | 426  | Normal |

|                   |    |     |     |     |        |
|-------------------|----|-----|-----|-----|--------|
| 15/07/2026, 15:08 | 68 | 415 | 433 | 442 | Normal |
| 19/07/2026, 21:35 | 63 | 429 | 436 | 440 | Normal |
| 22/07/2026, 23:26 | 73 | 391 | 417 | 431 | Normal |
| 27/07/2026, 21:44 | 69 | 403 | 422 | 432 | Normal |
| 31/07/2026, 12:01 | 55 | 455 | 442 | 436 | Normal |
| 04/08/2026, 22:34 | 58 | 443 | 438 | 436 | Normal |
| 08/08/2026, 21:20 | 70 | 412 | 434 | 445 | Normal |
| 11/08/2026, 23:51 | 62 | 438 | 443 | 445 | Normal |
| 15/08/2026, 18:20 | 49 | 470 | 439 | 424 | Normal |
| 19/08/2026, 12:26 | 58 | 446 | 441 | 439 | Normal |
| 23/08/2026, 12:27 | 53 | 458 | 439 | 430 | Normal |
| 28/08/2026, 21:47 | 64 | 430 | 440 | 444 | Normal |
| 01/09/2026, 13:14 | 74 | 412 | 441 | 457 | Normal |
| 06/09/2026, 19:36 | 63 | 423 | 430 | 433 | Normal |
| 11/09/2026, 23:06 | 57 | 425 | 418 | 414 | Normal |
| 14/09/2026, 11:51 | 49 | 456 | 426 | 412 | Normal |
| 18/09/2026, 22:58 | 55 | 437 | 424 | 418 | Normal |
| 22/09/2026, 21:33 | 62 | 414 | 418 | 420 | Normal |

Medições individuais (2)

| DATA              | FC | QT  | QTCF | QTCB | RISCO  |
|-------------------|----|-----|------|------|--------|
| 25/09/2026, 11:09 | 61 | 435 | 438  | 439  | Normal |
| 29/09/2026, 22:26 | 59 | 441 | 438  | 437  | Normal |

Medicamentos

- **Citalopram 20 mg** – desde 30/03/2026 · 184 doses registradas (última: 29/09/2026, 1×)

Não é um dispositivo médico. A medição automática do QT pode diferir de uma leitura clínica e não substitui um diagnóstico. Os valores servem para acompanhamento pessoal da tendência. Com QTc  $\geq$  500 ms ou sintomas, procure orientação médica. Fórmulas de correção: Bazett, Fridericia, Framingham, Hodges.